

Fact sheet

Community/legal education and professional training program

- Avalon offers a series of education and professional training programs: public education and public awareness; community and schools based education; legal education; and professional training.
- Prevention and public awareness is part of a holistic approach to sexualized violence because it contributes to a culture of consent where individuals are less likely to be harmed, survivors are believed and perpetrators are held accountable and deterred from harming in the first place.
- From Nov. 2016 – May 2017 Avalon delivered:
 - 19 community based workshops focusing on gender, healthy relationships, consent and sexualized violence. These are conducted with youth groups, campus groups and community groups. They can run anywhere from one and a half to three hours with up to 52 participants.
 - Nine professional training sessions focusing on education relating to sexualized violence, trauma-informed responses to sexualized violence, medical/legal/therapeutic considerations and choices for survivors, and self and community care. These sessions range from three to seven hours with up to 36 participants.
 - Four community presentations about Avalon's services and supports. These presentations range from 30 minutes to two hours with up to 50 participants.
- Avalon has lead a number of public awareness campaigns, including:
 - **I Don't Owe You** is an awareness and prevention campaign that focuses on the complexities of sexual consent, misogyny, male entitlement, bodily autonomy, and empowerment.
 - **Start by Believing** is a public awareness campaign dedicated to ending the cycle of silence. When a victim/survivor confides in someone about their experience, it is important to their healing process for the confidante to start by believing them.
 - **Sexual Assault Awareness Month** is April. The goal of SAAM is to raise public awareness about sexualized violence and to educate communities on how to prevent it.